

Liberty Classical Academy | February 2023 Lunch Menu

		Wednesday, February 1, 2023	Thursday, February 2, 2023	Friday, February 3, 2023
Hot Meal	Chettinad Cuisine belongs to a region called 'Chettinad' in South India. It is a cuisine that is famous for its aroma, made with freshly ground spices.	Baked Cheesy Lasagna w/Red Sauce Dinner Roll Assorted Salad Bar Fruit of the Day	Sesame Chicken Bowl Steamed White Rice & Soy Sauce Assorted Salad Bar Fruit of the Day	Papa John's Pizza
Cold		Turkey Bun w/Mayo	Chicken Caesar Wrap	
Week IV	Monday, February 6, 2023	Tuesday, February 7, 2023	Wednesday, February 8, 2023	Thursday, February 9, 2023
		Brunch Lunch	Spaghetti & Sauce	Creamy Homemade Mac & Cheese
Hot Meal	Chick-fil-A	French Toast Sticks, Berries & Syrup Assorted Salad Bar Fruit of the Day	Garlic Roll Assorted Salad Bar Fruit of the Day	Dinner Roll Assorted Salad Bar Fruit of the Day
Cold		Grilled Chicken & Cheese Bun	Turkey Bun w/Mayo	Chicken Caesar Wrap
	Monday, February 13, 2023	Tuesday, February 14, 2023	Wednesday, February 15, 2023	Thursday, February 16, 2023
		Mozzarella Burger	Pomodoro Meatballs & Pasta	Walking Taco
Hot Meal	Chick-fil-A	WG Bakery Bun & Ketchup Cool Ranch Doritos Assorted Salad Bar Fruit of the Day	Dinner Roll Assorted Salad Bar Fruit of the Day	Nacho Chz Chips, Seasoned Beef w/ Shredded Chz, Cilantro, Sour Cream & Cholula Hot Sauce Assorted Salad Bar Fruit of the Day
Cold		Grilled Chicken & Cheese Bun	Turkey Bun w/Mayo	Chicken Caesar Wrap
	Monday, February 20, 2023	Tuesday, February 21, 2023	Wednesday, February 22, 2023	Thursday, February 23, 2023
		Cheeseburger	Golden Corn Dog w/ Ketchup	Build Your Own Cheesy Nachos
Hot Meal	No School	Fresh Bakery Bun & Ketchup Sun Chips Assorted Salad Bar Fruit of the Day	French Fries & Ketchup Assorted Salad Bar Fruit of the Day	Seasoned Beef w/ Tortilla Chips Warm Cheddar Cheese Sauce, Cilantro & Crema Assorted Salad Bar Fruit of the Day
Cold		Grilled Chicken & Cheese Bun	Turkey Bun w/Mayo	Chicken Caesar Wrap
Week I	Monday, February 27, 2023	Tuesday, February 28, 2023		
		Chicken Alfredo Penne		
Hot Meal	Chick-fil-A	Dinner Roll Assorted Salad Bar Fruit of the Day		
Cold		Grilled Chicken & Cheese Bun		
Deli Salads (Vegetarian choices come with eggs in the place of chicken)		Grilled Chicken Asian Salad	Grilled Chicken SW Taco Salad	Grilled Chicken Bistro Salad
		Asian Salad drizzled with Sesame dressing and topped with Chow Mein and cooked Chicken Breast. WG Roll added to complete the WG requirement	Youza Sauce and Corn chips add a Southwest dimension to this salad of Romaine, LCR mix, Pinto bean and Corn. Chicken Breast completes the salad as a wholesome meal.	Bistros are simple, casual and informal restaurants. Bistro salads carry that essence, with simple but hearty Romaine and Spinach salad, along with Chicken Breast & WG Roll.