



Liberty Classical Academy Lunch Menu

September 2020

*All menu items are subject to change.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Sandwich Option

Monday - Turkey + Cheddar on a WG Bun

Tuesday - Chicken + Cheddar Wrap with Ranch

Wednesday - Turkey Ham + Swiss on a W.G Bun

Thursday - Chicken Caesar Wrap

*** All sandwiches come with fruit and vegetable of the day.**

Salad Options

Monday - Chef Salad

Tuesday - Chicken Caesar Salad

Wednesday - Beef Taco Salad

Thursday - Chicken Caesar Salad

*** All salads served with breadstick and fruit of the day.**

WG Chicken Nuggets 8/31 BBQ Sauce Baby Carrots & Celery with Ranch Dip Fresh Orange Sun Chips Milk Veg-cheese sandwich	Soft W.G. Beef Taco x2 1 Lettuce + Cheese Seasoned Black Beans Fresh Broccoli Red Apple Tortilla Chips + Salsa Milk Veg - bean taco	Sliced Chicken Alfredo 2 with W.G. Penne Pasta Mixed Green Salad with French Dressing Salad Topping W.G. Garlic Bread Stick Banana Milk Veg - pasta in Marinara	Garlic Cheese Bread with 3 Marinara Dipping Sauce Sliced Cucumbers Oranges Milk Papa John's Pizza Cheese or Pepperoni
Labor Day No School	W.G. Chicken Patty on a 8 W.G. Bun Baby Carrots Red Apple Sun Chips Milk Veg - cheese sandwich	Swedish Meatballs 9 Mashed Potatoes Grape Tomatoes Pineapple Tidbits Slice of W.G. Bread Milk Veg - brown rice + beans	Cheese Burger on a 10 WG Bun Ketchup Fresh Broccoli Orange Milk Veg - vegetable rice soup Papa John's Pizza Cheese or Pepperoni
W.G. Chicken Tenders 14 Seasoned Brown Rice Baby Carrots Red Apple Milk Veg - cheese sandwich	Meatloaf Baked in a 15 Tomato Beef Gravy Mashed Potatoes Grape Tomatoes Sliced Peaches Slice of W.G. Bread Milk Veg - brown rice + beans	W.G. Lasagna Roll with 16 Meat Sauce Mixed Green Salad with Creamy Italian Dressing Salad Topping Banana W.G. Garlic Bread Stick Milk Veg - pasta marinara	Soft W.G. Chicken Taco x2 17 Lettuce + Cheese Seasoned Black Beans Fresh Broccoli Pineapple Chunks Tortilla Chips + Salsa Milk Veg - bean taco Papa John's Pizza Cheese or Pepperoni
BBQ Chicken 21 on a W.G. Bun Carrot + Celery Sticks Red Grapes Sun Chips Milk Veg - cheese sandwich	Cheese Pizza 22 Mixed Salad with Creamy Italian Dressing Salad Topping Banana Milk Veg - pasta marinara	Chicken Breast in a 23 Chicken Gravy Mashed Potatoes Grape Tomatoes Red Apple Slice of W.G. Bread Milk Veg - brown rice + beans	All Beef Hot Dog on a 24 WG Coney Bun Ketchup Fresh Broccoli Pineapple Tidbits Milk Veg - bean chili Papa John's Pizza Cheese or Pepperoni
W.G. Chicken Nuggets 28 Seasoned Brown Rice Baby Carrots Sliced Pears Milk Veg - cheese sandwich	Salisbury Steak in a 29 Beef Gravy Mashed Potatoes Grape Tomatoes Banana Slice of W.G. Bread Milk Veg - brown rice + beans	Sliced Chicken Alfredo 30 with W.G. Penne Pasta Mixed Green Salad with French Dressing Salad Topping Red Grapes W.G. Garlic Bread Stick Milk Veg - pasta in Marinara	