



Liberty Classical Academy Lunch Menu

April 2019

*All menu items are subject to change.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Shredded BBQ Chicken on a W.G. Bun Baby Carrots Red Apple Sun Chips Milk Veg - cheese sandwich	1	Swedish Meatballs Mashed Potatoes Grape Tomatoes Banana W.G. Dinner Roll Milk Veg - brown rice with beans	2	Lasagna Hot Dish with Beef and Cheese Mixed Green Salad with Creamy Italian Dressing Pineapple Chunks W.G. Bread Stick Milk Veg - pasta in marinara	3	Soft Chicken Taco Lettuce and Cheese Seasoned Black Beans Carrot + Celery Sticks Orange Tortilla Chips with Salsa Milk Veg - bean taco	4	Papa John's Pizza Cheese or Pepperoni	5
Sloppy Joe on a W.G. Bun Carrot + Celery Sticks Red Apple Sun Chips Milk Veg - cheese sandwich	8	Chicken Nuggets Seasoned Hash Browns Fresh Broccoli Pineapple Chunks Milk Veg - brown rice + beans	9	Chicken and Penne Pasta in a Marinara Sauce Mixed Green Salad with Creamy Italian Dressing Salad Topping Banana W.G. Bread Stick Milk Veg - pasta in marinara	10	Cheese Burger on a W.G. Bun Baked Beans Baby Carrots Golden Apple Milk Veg - bbq beans on a wg bun	11	No School	12
Baked Chicken Tenders Baby Carrots Pineapple Chunks Sun Chips Milk Veg - cheese sandwich	15	Cheese Pizza Mixed Green Salad with Creamy Italian Dressing Salad Topping Banana Milk Veg - pasta in marinara	16	Sliced Chicken Breast in a Chicken Gravy Mashed Potatoes Grape Tomatoes Orange Slice of W.G. Bread Milk Veg - brown rice + beans	17	Soft Beef Taco x2 Lettuce and Cheese Sliced Cucumbers Red Apple Tortilla Chips with Salsa Milk Veg - bean taco	18	No School	19
Baked chicken Patty BBQ Sauce Carrots & Celery Red Apple Sun Chips Milk Veg - cheese sandwich	22	Sliced Chicken Alfredo with Penne Pasta Mixed Green Salad with French Dressing Salad Topping Sliced Peaches W.G. Garlic Bread Stick Milk Veg - pasta in marinara	23	Salisbury Steak in a Beef Gravy Mashed Potatoes Grape Tomatoes Banana Slice of W.G. Bread Milk Veg - brown rice + beans	24	Cheese Bread with Marinara Sauce Baby Carrots Pineapple Chunks Milk	25	Papa John's Pizza Cheese or Pepperoni	26
Shredded BBQ Chicken on a W.G. Bun Baked Beans Baby Carrots Sliced Pears Milk Veg - bbq beans on a w.g. bun	29	Baked Meatloaf in a Tomato Beef Gravy Mashed Potatoes Grape Tomatoes Banana W.G. Dinner Roll Milk Veg - brown rice + beans	30						

Sandwich Option

Monday - Turkey and Cheddar on a WG Bun

Tuesday - Chicken and Cheddar Wrap with Ranch

Wednesday - Turkey Ham and Swiss on a WG Bun

Thursday - Chicken Caesar Wrap

* All sandwiches come with fruit and vegetable of the day.

Salad Options

Monday - Chef Salad

Tuesday - Chicken Caesar Salad

Wednesday - Beef Taco Salad

Thursday - Chef Salad

* All salads come with w.g. breadstick and fruit of the day.