



# Liberty Classical Academy Lunch Menu

## February 2019

\*All menu items are subject to change.

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**Sandwich Option**

**Monday - Turkey and Cheddar on a WG Bun**

**Tuesday - Chicken & Cheddar Wrap with Ranch**

**Wednesday - Turkey Ham and Swiss on W.G. Bun**

**Thursday - Chicken Caesar Wrap**

**\* All Sandwiches come with fruit and vegetable of the day**

**Salad Options**

**Monday - Chef Salad**

**Tues - Chicken Caesar Salad**

**Wednesday - Beef Taco Salad**

**Thursday - Chef Salad**

**\* All salads served with breadstick and fruit of the da**

				1
				<b>Papa John's Pizza</b> Cheese or Pepperoni
Sloppy Joe on a W.G. Bun 4 Carrot and Celery Sticks Pineapple Tidbits Sun Chips Milk  Veg - cheese sandwich	Chicken Nuggets Seasoned Hash Browns Fresh Broccoli Banana Milk 5  Veg - brown rice + beans	Penne Pasta in a Meat Sauce 6 Mixed Green Salad with Creamy Italian Dressing Sliced Pears W.G. Bread Stick Milk  Veg - pasta in marinara	Cheese Burger on a W.G. Bun 7 Baked Beans Baby Carrots Red Apple Milk  Veg - bbq beans on a wg bun	8
Baked Chicken Tenders 11 Baby Carrots Red Apple Sun Chips Milk  Veg - cheese sandwich	Cheese Pizza 12 Mixed Salad with Creamy Italian Dressing Salad Topping Sliced Pears Milk	Baked Chicken Breast in a Chicken Gravy 13 Mashed Potatoes Grape Tomatoes Orange Slice of W.G. Bread Milk  Veg - brown rice + beans	Soft Beef Taco x2 14 Lettuce and Cheese Seasoned Black Beans Sliced Cucumbers Pineapple Tidbits Tortilla Chips with Salsa Milk  Veg - bean taco	15
No School	Sliced Chicken Alfredo with Penne Pasta 19 Mixed Green Salad with French Dressing Salad Topping Sliced Peaches W.G. Bread Stick Milk Veg - pasta in marinara	Garlic Cheese Bread 20 Marinara Sauce Mixed Green Salad with Ranch Banana Milk	Italian Meatballs on a Coney Bun 21 Shredded Cheese Fresh Broccoli Pineapple Tidbits Milk  Veg - bean chili	22
Cheese Burger on a Bun 25 Ketchup Baby Carrots Red Apple Sun Chips Milk  Veg - cheese sandwich	Baked Meatloaf in a Tomato Beef Gravy 26 Mashed Potatoes Grape Tomatoes Banana W.G. Dinner Roll Milk  Veg - brown rice with beans	Cheese Lasagna Rolls with a Meat Sauce 27 Mixed Green Salad with Creamy Italian Dressing Salad Topping Pineapple Tidbits W.G. Bread Stick Milk Veg - pasta in marinara	Soft Chicken Taco x2 28 Lettuce and Cheese Seasoned Black Beans Fresh Broccoli Orange Tortilla Chips with Salsa Milk Veg - bean taco	