

Liberty Classical Academy Lunch Menu

March 2018

*All menu items are subject to change.

Mark Letter for Day/Lunch Choice
 H= Hot Lunch
 S= Salad of the Day
 C= Cold Sandwich
 V= Vegetarian

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

				Penne Pasta with Cheese Sauce, Sliced Chicken Mixed Green Salad with Italian Dressing Red Grapes WG Bread Slice Milk Veg -Pasta Marinara 1	Pizza Day Circle Choice Cheese or Pepperoni 2
5	6	7	8	9	
Spring Break Week					
12	13	14	15	16	
Spring Break Week					
Turkey Corn Dog Carrot and Celery Sticks Fresh Pear Sun Chips Milk 19	BBQ Chicken Breast on a W.G. Bun Slice of White Cheese Baked Beans Sliced Cucumbers Banana Milk 20	Italian Hot Dish with Beef and Cheese Mixed Green Salad with Creamy Italian Dressing Salad Topping Orange W.G. Bread Stick Milk 21	Baked Meatloaf in a Beef Gravy Mashed Potatoes Grape Tomatoes Red Apple Slice of W.G. Bread Milk Veg - seasoned brown rice with beans 22	Pizza Day Circle Choice Cheese or Pepperoni 23	
Veg - Rice and beans	Veg - cheese sandwich	Veg - pasta in marinara	Veg - seasoned brown rice with beans		
Baked Chicken Patty on a W.G. Bun Slice of Cheese Baby Carrots Red Apple Sun Chips Milk Veg - bbq beans on a w.g. bun 26	Cheese Omelet French Toast x2 Syrup Seasoned Hash Browns Pineapple Chunks Milk 27	Salisbury Steak in a Beef Gravy Mashed Potatoes Grape Tomatoes Banana W.G. Dinner Roll Milk 28	Soft Shell Beef Tacos x2 Lettuce, Cheese, Salsa Seasoned Black Beans Fresh Orange Tortilla Chips Milk 29	Baked Cheese Pizza Sliced Cucumbers Red Grapes Milk 30	
Veg - bbq beans on a w.g. bun	Veg - seasoned brown rice with beans	Veg - cheese sandwich	Veg -Bean Taco		

Menu Options

Monday - Turkey and Cheddar on a W.G. Bun

Tuesday - Chicken and Cheddar Wrap with Ranch

Wednesday - Turkey Ham and Swiss on a W.G Bun

Thursday - Philly Wrap with Beef and Mozzarella Cheese

Friday- Turkey Subs

** All sandwiches come with fruit and vegetable of the day*

Salad Options

Monday - Chef Salad

Tuesday - Chicken Caesar Salad

Wednesday - Beef Taco Salad

Thursday - Chef Salad

Friday - Chicken Caesar Salad

** All salads served with bread-stick and fruit of the day.*