



# Liberty Classical Academy Lunch Menu

## January 2018

\* Mark letter  
for day/  
lunch of  
choice

H=Hot Lunch  
C=Cold Sandwich  
S=Salad of the Day  
V=Vegetarian

\*All menu items are subject  
to change.

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

Menu Options

**Monday - Turkey and Cheddar on a W.G. Bun**

**Tuesday - Chicken and Cheddar Wrap with Ranch**

**Wednesday - Turkey Ham and Swiss on a W.G Bun**

**Thursday - Philly Wrap with Beef and Mozzarella Cheese**

**Friday - Tuna Salad on a W.G. Bun**

**\* All sandwiches come with fruit and vegetable of the day.**

Salad Options

**Monday - Chef Salad**

**Tuesday - Chicken Caesar Salad**

**Wednesday - Beef Taco Salad**

**Thursday - Chef Salad**

**Friday - Chicken Caesar Salad**

**\* All salads served with breadstick and fruit of the day.**

<p>1</p> <p style="font-size: 1.5em; font-weight: bold;">Happy New Year!</p>	<p>2</p> <p>Baked Chicken Patty on a W.G. Bun Slice of White Cheese Baby Carrots Pineapple Chunks Sun Chips Milk Veg - cheese sandwich</p>	<p>3</p> <p>Italian Meat Sauce with Penne Pasta Mixed Green Salad with Creamy Italian Dressing Banana W.G. Bread Stick Milk Veg - pasta in marinara</p>	<p>4</p> <p>Sliced Chicken in a Garlic Cream Sauce Mashed Potatoes Grape Tomatoes Mandarin Oranges W.G. Dinner Roll Milk Veg - seasoned brown rice</p>	<p>5</p> <p>BBQ Meat Balls on a W.G. Coney Bun Shredded Cheese Baked Beans Fresh Broccoli Red Apple Milk Veg - bbq beans</p>
<p>8</p> <p>Baked Chicken Strips Seasoned Hash Browns Carrot and Celery Sticks Fresh Pear Milk  Veg - seasoned brown rice</p>	<p>9</p> <p>Cheese Burger on a W.G. Bun Pickle Spear Baked Beans Red Apple Sun Chips Milk  Veg - cheese sandwich</p>	<p>10</p> <p>Cheese Omelet French Toast x2 Syrup Hash Browns Red Grapes Milk</p>	<p>11</p> <p>Soft Beef Taco x2 Lettuce and Cheese Fresh Broccoli Banana Tortilla Chips with Salsa Milk  Veg - bean taco</p>	<p>12</p> <p style="font-size: 1.2em; font-weight: bold;">Pizza Day</p> <p style="font-size: 1.2em; font-weight: bold;">Circle Choice</p> <p style="font-size: 1.2em; font-weight: bold;">Cheese or Pepperoni</p>
<p>15</p> <p style="font-size: 1.5em; font-weight: bold;">No School</p>	<p>16</p> <p>Sliced Chicken Alfredo with Penne Pasta Mixed Green Salad with French Dressing Salad Topping Red Grapes W.G. Bread Stick Milk Veg - pasta in marinara</p>	<p>17</p> <p>Swedish Meatballs Mashed Potatoes Grape Tomatoes Banana Slice of W.G. Bread Milk  Veg - seasoned brown rice with beans</p>	<p>18</p> <p>White Chicken Chili with Beans Shredded Cheddar Cheese Fresh Broccoli Pineapple Chunks W.G. Dinner Roll Milk  Veg - chili with beans</p>	<p>19</p> <p>Baked Chicken Nuggets Seasoned Brown Rice Creamy Cole Slaw Orange Milk  Veg - cheese sandwich</p>
<p>22</p> <p>Turkey Corn Dog Carrot and Celery Sticks Fresh Pear Sun Chips Milk  Veg - Cheese sandwich</p>	<p>23</p> <p>BBQ Chicken Breast on a W.G. Bun Slice of White Cheese Baked Beans Sliced Cucumbers Banana Milk  Veg - cheese sandwich</p>	<p>24</p> <p>Italian Hot Dish with Beef and Cheese Mixed Green Salad with Creamy Italian Dressing Salad Topping Orange W.G. Bread Stick Milk Veg - pasta in marinara</p>	<p>25</p> <p>Baked Meatloaf in a Beef Gravy Mashed Potatoes Grape Tomatoes Red Apple Slice of W.G. Bread Milk Veg - seasoned brown rice with beans</p>	<p>26</p> <p style="font-size: 1.2em; font-weight: bold;">Pizza Day</p> <p style="font-size: 1.2em; font-weight: bold;">Circle Choice</p> <p style="font-size: 1.2em; font-weight: bold;">Cheese or Pepperoni</p>
<p>29</p> <p>Cheese Burger on a W.G. Bun Ketchup Seasoned Hash Browns Baby Carrots Red Apple Milk Veg - bbq beans on a w.g. bun</p>	<p>30</p> <p>Sliced Teriyaki Chicken with Peppers and Onions Brown Rice Fresh Broccoli Pineapple Chunks W.G. Bread Stick Milk Veg - seasoned brown rice with beans</p>	<p>31</p> <p>Salisbury Steak in a Beef Gravy Mashed Potatoes Grape Tomatoes Banana W.G. Dinner Roll Milk  Veg - cheese sandwich</p>		