



Liberty Classical Academy Lunch Menu

May 2018

Mark Day/Choice
 H= Hot
 C= Cold Sandwich
 S= Salad of the Day
 V= Vegetarian

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

*All menu items are subject to change.

Sandwich Option

Monday - Turkey and Cheddar on a WG Bun

Tuesday - Chicken and Cheddar Wrap with Ranch

Wednesday - Turkey Ham and Swiss on a W.G Bun

Thursday - Chicken Caesar Wrap

Friday - Turkey Subs

* All sandwiches come with fruit and vegetable of the day

Salad Options

Monday - Chef Salad

Tuesday - Chicken Caesar Salad

Wednesday - Beef Taco Salad

Thursday - Chef Salad

Friday - Chicken Caesar Salad

* All salads served with breadstick and fruit of the day.

	Egg Bake with Cheese 1 French Toast x2 Syrup Seasoned Hash Browns Fresh Pear Milk Veg - vegetable chili	Salisbury Steak in a 2 Beef Gravy Mashed Potatoes Grape Tomatoes Banana Slice of W.G. Bread Milk Veg - seasoned brown rice	Cheese Pizza 3 Mixed Green Salad with French Dressing Salad Topping Red Grapes Milk	Italian Meat Balls on a 4 W.G. Coney Bun Shredded Cheese Carrot and Celery Sticks Orange Tortilla Chips Milk Veg - cheese sandwich
Baked Chicken Strips 7 Baby Carrots Pineapple Chunks Sun Chips Milk Veg - seasoned brown rice with beans	Cheese Burger on a 8 W.G. Bun Ketchup Seasoned Potato Wedges Pickle Spear Banana Milk Veg - cheese sandwich	W.G. Lasagna Roll with 9 Italian Meat Sauce Mixed Green Salad with Golden Italian Dressing Salad Topping Fresh Pear W.G. Bread Stick Milk Veg - pasta in marinara	Soft Beef Taco x2 with 10 Lettuce and Cheese Seasoned Corn Tortilla Chips with Salsa Red Apple Milk Veg - bean taco	Pizza Day! Circle Choice Cheese or Pepperoni
Sloppy Joe on a 14 W.G. Bun Baby Carrots Red Apple Tortilla Chips Milk Veg - bbq bean on a w.g. bun	Sliced Chicken Alfredo 15 with Penne Pasta Mixed Green Salad with French Dressing Salad Topping Red Grapes W.G. Garlic Bread Stick Milk Veg - pasta in marinara	Swedish Meatballs 16 Mashed Potatoes Grape Tomatoes Banana Slice of W.G. Bread Milk Veg - seasoned brown rice with beans	Cheese Pizza Sticks x2 17 With Marinara Sauce Fresh Sliced Cucumbers Pineapple Chunks Milk	Baked Chicken Nuggets 18 BBQ Sauce Seasoned Rice Asian Cole Slaw Orange Milk Veg - cheese sandwich
Turkey Corn Dog 21 Baby Carrots Fresh Pear Sun Chips Milk Veg - bbq beans on a w.g. bun	Chicken Breast on a 22 W.G. Bun Slice of Cheese Seasoned Hash Browns Sliced Zucchini Red Apple Milk Veg - cheese sandwich	Italian Pasta Bake with 23 Beef and Cheese Mixed Green Salad with Creamy Italian Dressing Salad Topping Red Grapes W.G. Bread Stick Milk Veg - pasta in marinara	Baked Meatloaf in a 24 Tomato Beef Gravy Mashed Potatoes Grape Tomatoes Banana Slice of W.G. Bread Milk Veg - seasoned brown rice with beans	Pizza Day! Circle Choice Cheese or Pepperoni
28 Memorial Day Have a Safe Holiday!	BBQ Chicken on a 29 W.G. Bun Carrot and Celery Sticks Red Apple Sun Chips Milk Veg - bbq beans on a w.g. bun	Cheese Burger on a Bun 30 Ketchup Pickle Spear Potato Wedges Fresh Pear Milk Veg - bean taco	Garlic Cheese Bread 31 Marinara Dipping Sauce Mixed Green Salad with Creamy Italian Dressing Salad Topping Banana Milk	